

Soo Bahk Do Moo Duk Kwan - Gup / Dan Testing Requirements

Rank	Hyung	Il Soo Sik Dae Ryun	Ho Sin Sool	Kyok Pa
10th Gup	Ki Cho Hyung Il Bu Ki Cho Hyung E Bu	# 1 - # 2	Cross Wrist Grab # 1 - # 2	None Required
9th Gup	Ki Cho Hyung E Bu Ki Cho Hyung Sam Bu	# 1 - # 4	Cross Wrist Grab # 1 - # 4	None Required
8th Gup	Ki Cho Hyung Sam Bu Pyung Ahn Cho Dan	# 3 - # 6	Same Side Wrist Grab # 1 - # 2	Pahl Koop Kong Kyuk or Ahp Cha Nut Gi
7th Gup	Pyung Ahn Cho Dan Pyung Ahn E Dan Chil Sung E Ro Hyung	# 5 - # 8	Same Side Wrist Grab # 1 - # 4	Jang Kwon Kong Kyuk or Yup Podo Cha Gi
6th Gup	Pyung Ahn Sam Dan Chil Sung E Ro Hyung	# 7 - # 10	Two on One Wrist Grab # 1 - # 2	Kwon Do Kong Kyuk or Dwi Podo Cha Gi
5th Gup	Pyung Ahn Sam Dan Pyung Ahn Sa Dan Chil Sung Il Ro Hyung Chil Sung E Ro Hyung	# 9 - # 12	Two on One Wrist Grab # 1 - # 3	Soo Do Kong Kyuk or E-Dan Yup Podo Cha Gi
4th Gup	Pyung Ahn O Dan Chil Sung Il Ro Hyung Chil Sung Sam Ro Hyung (1/2)	# 11 - # 14	Two on Two Wrist Grab # 1 - # 2	Chung Kwon Kong Kyuk or E-Dan Dollyo Cha Gi
3rd Gup	Passai Chil Sung Il Ro Hyung Chil Sung Sam Ro Hyung	# 13 - # 16	Two on Two Wrist Grab # 1 - # 4	Yuk Soo Do Kong Kyuk or Yup Hu Ri Gi
2nd Gup	Du Mun (Yuk Ro Cho Dan) Chil Sung Sam Ro Hyung	# 15 - # 18	Side and Back Grab # 1 - # 2	Kap Kwon Kong Kyuk or Dwi Hu Ri Gi
1st Gup	Passai Nai Han Ji Cho Dan Du Mun (Yuk Ro Cho Dan) Chil Sung Il Ro Hyung Chil Sung Sam Ro Hyung	# 1 - # 18	All Wrist Grabs	E-Dan Dwi Cha Gi or Yonsok Kyok Pa with one Soo Gi and one Jok Gi
Cho Dan	Jin Do Nai Han Ji E Dan Pyung Ahn E Dan Joong Jol (Yuk Ro E Dan) Chil Sung Sam Ro Hyung	# 1 - # 18	Cross Sleeve Grab Same Side Sleeve Grab # 1 - # 4 Dan Do (Knife Defense) # 1 - # 5	Ssang Bal Ahp Cha Nut Gi or Yonsok Kyok Pa with one Soo Gi and two Jok Gi
E Dan	Ro Hai Nai Han Ji Sam Dan Pyung Ahn Sa Dan Po Wol (Yuk Ro Sam Dan) Chil Sung Sa Ro Hyung	# 1 - # 18	Cross Elbow Sleeve Grab Same Side Elbow Sleeve Grab # 1 - # 4 Bong (Stick Defense) # 1 - # 4	Ro Hai Kyok Pa
Sam Dan	Sip Soo Kong Sang Koon Pyung Ahn O Dan Yang Pyun (Yuk Ro Sa Dan) Chil Sung O Ro Hyung	# 1 - # 18	All previous requirements	Any technique requested by the Examination Board