



# Sam Dan Candidate Requirements

---

## Soo Gi

- Sang Dan Mahk Kee
- Tuel Oh Choong Dan Kong Kyuk
- Wheng Jin Kong Kyuk
- Hu Gul Ha Dan Soo Do Mahk Kee
- Chun Gul Ssang Soo Ahneso Pahkuro Mahk Kee
- Sang Dan Mahk Kee, Tuel Oh Pahl Koop Kong Kyuk
- Hu Gul Choong Dan Soo Do Mahk Kee, Tuel Oh Kwan Soo Kong Kyuk
- Sang Dan Mahk Kee, Tuel Oh Ha Dan Mahk Kee, Wheng Jin Kong Kyuk
- E Dan Ahp Cha Nut Gi, Tuel Oh Choong Dan Kong Kyuk
- Yuk Jin Kong Kyuk, Wheng Jin Kong Kyuk
- Ahp Cha Nut Gi, Ha Dan Mahk Kee, Tuel Oh Sang Dan Yuk Soo Do Kong Kyuk
- Sam Kwon Kong Kyuk
- Dwi Cha Gi, Soo Do Ahneso Pahkuro Mahk Kee, Tuel Oh Choong Dan Kong Kyuk
- Pahkeso Ahnuro Cha Gi, Gatten Bal Yup Podo Cha Gi, Tuel Oh Sang Dan Kong Kyuk
- Ha Dan Mahk Kee, Tuel Oh Sang Dan Soo Do Kong Kyuk, Moo Roop Cha Gi, Tuel Oh Choong Dan Kong Kyuk
- Pahkeso Ahnuro Cha Gi, Choi Ha Dan Soo Do Mahk Kee, Tuel Oh Choong Dan Kong Kyuk
- Hwak Kuk Jang Cap Kwon
- Hwak Kuk Jang Kwon Do E Bon
- Do Mahl Sik E Bon
- Ta Ko Sik E Bon
- Po Wol Seh E Bon
- Yo Sik E Bon

## Jok Gi

(3x each leg, alternate, ki ahp on 3rd kick)

### Open Stance:

- E Dan Dwi Ahneso Phakuro Cha Gi (back leg, both feet must leave the floor simultaneously)
- E Dan Dwi Hu Ri Gi (back leg, both feet must leave the floor simultaneously)
- E Dan Dwi Yup Hu Ri Gi (back leg, both feet must leave the floor simultaneously)
- E Dan Tuel Oh Phakeso Ahnuro Cha Gi (front leg)